



Registration for Congregate Meals

Name of Site: _____

☐ New Client

☐ Renewal

This form must be completed by the appropriate Congregate nutrition provider.

Older Adult Demographic Information					
Date:		Name:		DOB:	
Address:			City:	State:	Zip:
Email:			Phone:		Cell Phone:
Ethnicity: <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Marital Status: <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Single <input type="checkbox"/> Widowed <input type="checkbox"/> Legally Separated <input type="checkbox"/> Domestic Partner		Gender: <input type="checkbox"/> M <input type="checkbox"/> F Other: _____	
Race: <input type="checkbox"/> White <input type="checkbox"/> Black or African American <input type="checkbox"/> Asian or Asian American <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> American Indian or Alaskan Native		Monthly Income: _____ Below Poverty: <input type="checkbox"/> Yes <input type="checkbox"/> No		<input type="checkbox"/> Lives Alone <input type="checkbox"/> Lives with Others # of Individuals in Household: _____	
Limited English Speaking: <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, specify language: _____					
Major Health Problems (check all that apply)					
<input type="checkbox"/> Ambulation <input type="checkbox"/> Hearing <input type="checkbox"/> Vision <input type="checkbox"/> Other: _____					
Nutrition Risk Screen (circle points under Yes or No, then combine column totals)					
	Y	N		Y	N
I have an illness or condition that made me change the kind and/or amount of food I eat.	2	0	I don't always have enough money to buy the food I need.	4	0
I eat fewer than 2 meals per day.	3	0	I eat alone most of the time.	1	0
I eat few fruits and vegetables, or milk products.	2	0	I take 3 or more different prescribed or over-the-counter drugs a day.	1	0
I have 3 or more drinks of beer, liquor, or wine almost every day.	2	0	Without wanting to, I have lost or gained 10 pounds in the last 6 months.	2	0
I have tooth or mouth problems that make it hard for me to eat.	2	0	I am not always physically able to shop, cook, and/or feed myself.	2	0
Totals			Totals		
Six or more points = High Nutritional Risk			Combined Column Totals: _____/21 Possible Points		
<input type="checkbox"/> Nutritional Risk was explained to client.					
<input type="checkbox"/> Client is considered at High Nutritional Risk. A recommendation was made to follow-up with a healthcare provider.					
Additional Nutrition Information					
Does Older Adult have difficulty chewing/poor dental health? <input type="checkbox"/> Yes <input type="checkbox"/> No			Special Diet <input type="checkbox"/> General <input type="checkbox"/> Diabetic Needs: <input type="checkbox"/> Other: _____		
Client food source for the weekends:			Dietary Restrictions:		
Food Allergies <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, specify: _____					
NOTE: It is the client's responsibility to review the weekly menu and bring any allergy concerns to the attention of the nutrition provider. When feasible, the provider will supply a special meal to meet the dietary needs of the client.					
<input type="checkbox"/> The client was informed of the possibility that foods may contain or come into contact with food allergens.					
Other Contact Information					
Emergency Contact Name #1:			Daytime/Cell Phone:		
Emergency Contact Name #2:			Daytime/Cell Phone:		
Authorization of Release of Information					
I give permission to the provider and/or the Area Agency on Aging Staff to discuss my needs.					
Client Signature:			Date:		

Staff Person Initials: _____