



DuPage Senior Citizens Council

Dedicated to Enriching Senior Life

2008 Annual Report



**1919 S. Highland Ave, Bldg A, Suite 210
Lombard, IL 60148
www.dupageseniorcouncil.org**

DuPage Senior Citizens Council

FROM THE EXECUTIVE DIRECTOR

Dear Friends,

We reflect on 2008 with a sense of pride and accomplishment for all we have done to help seniors in DuPage County. Despite the economic crisis and the increased demand for our services, we are proud to report that we were able to serve every individual that qualified for services in Fiscal Year 2008.

Much of our success is due to volunteers. We are proud to report that 1,265 volunteers gave 42,576 hours of service to the DuPage Senior Citizens Council last year. Our volunteers are vital to our ability to provide services to DuPage seniors, and I would like to extend a special thank you to these dedicated individuals.

From our Board to our staff, volunteers, and donors, people from all over DuPage County and beyond have become partners in our efforts to help seniors live safely in their own homes and communities and provide them with the resources necessary to maintain their physical and mental health. We hope you'll consider supporting our efforts in 2009.

Sincerely,



Marylin Krolak, Acting Executive Director

Board of Directors

Board Chair

Bob Barger

Treasurer

Sister Karen Nykiel, O.S.B.

Secretary

George Higgins

Vice President

Howard Larson

Board Members

Eileen Fitzgerald, J.D.

Lynne McNulty

Judith Higgins

Donald Judson

Dan Wallace

Jim Koenig

Melonie McKim

Staff

Marylin Krolak, Acting Executive Director

Rob Breidenbaugh, Management Accountant

Dennis McInerney, Home Maintenance Program
Manager

Patricia Sims, Volunteer Program Manager

Tasha Wheeler, Office Manager

Julie Carco, Home Delivered Meal Program Manager

Kristin Hilleary, RD LDN, Health and Wellness
Program Manager

Libni Borrás, Nutrition Administrative Support

Sandy Groener, Administrative Support

TC Leonard, M.A. CFRE, Grants Manager

Marcia Becker, C.P.A., Desmond & Ahern, Ltd.

DuPage Senior Citizens Council

HOME MAINTENANCE PROGRAM

The Home Maintenance program includes Minor Home Repair, Contractor Referral, and a seasonal yard clean up called Chore Days. Minor Home Repair provides affordable minor home repairs so that seniors can maintain the safety and value of their homes. When seniors need help with larger home repair jobs, we offer a Contractor Referral Program to provide them with contact information for contractors who can handle their repair at a fair price. Chore Days is a popular activity in which hundreds of seniors receive assistance from groups of volunteers of all ages who help with various outside chores such as raking leaves, gardening, trimming shrubs, and other yard tasks.

- *Home Maintenance Services Last Year: 732*
- *Chore Days Program Volunteers: 827*
- *Chore Days Program Volunteer Hours: 1657*

SENIOR NUTRITION PROGRAM

Our countywide Senior Nutrition Program helps seniors remain healthy and independent by providing them with healthy meals, including both home delivered and community dining opportunities. However, our Nutrition Program provides more than a warm meal to the many seniors that we serve; it also provides important health information, opportunities for socializing, and a safety net for seniors.

In our Home Delivered Meals Program (*Meals on Wheels*), our volunteers and route drivers conduct a daily Well Being Check for each senior and alert our staff to any observed changes in a senior's health. An Emergency Follow Up Procedure is in place for any senior who does not respond to the delivery person and was expected to be at home. The Well Being Check that accompanies every meal delivery has been credited with saving the lives of a number of seniors.

Furthermore, the Health and Wellness Education component of the Senior Nutrition Program provides seniors with information that helps them to remain healthy and active. Topics include: diabetes awareness, heart healthy meals, sodium reduction, food safety, vegetarianism, food supplements, healthy holiday baking, and more.

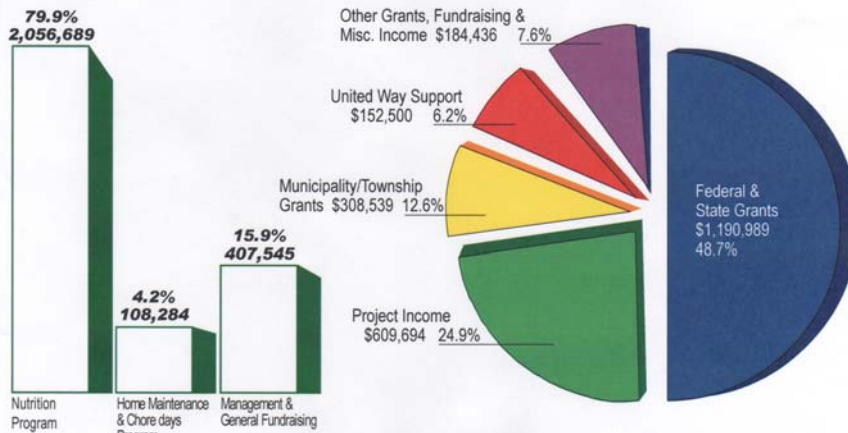
- *Meals Provided: 330,000*
- *Home Delivered Meals Program Volunteers: 885*
- *Home Delivered Meals Program Volunteer Hours: 37,577*
- *Community Dining Program Volunteers: 80*
- *Community Dining Program Volunteer Hours: 4,548*

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FINANCIAL HIGHLIGHTS

It costs over 2.6 million annually to operate the programs and services of the DuPage Senior Citizens Council (DSCC). During FY 2008, DSCC was again able to maintain funding levels from its traditional federal, state, and local sources. DSCC also cultivated additional revenue sources. As a result of the stable funding levels and the generous contributions of our donors and volunteers, DSCC was able to serve all seniors.

In the current economic climate, maintaining a balanced budget is an ongoing challenge. DSCC's revenue sources fluctuate from year to year. Increases in the cost of living affect seniors on a limited income, who then may not be able to contribute as much toward the services we provide. Additionally, there are increased demands for our services as the senior population continues to grow. Advocacy to increase funding levels, including private donations and additional grants, and continued efforts to ensure efficient operations are key strategies to maintain a healthy financial future.



DuPage Senior Citizens Council is a 501(c)3 charitable organization. For a copy of the complete audit and footnotes prepared by Sikich, LLP, please contact the Executive Director of DuPage Senior Citizens Council.

February, 2009 (Post-Audit)

2008 CORPORATE AND FOUNDATION SUPPORTERS

DSCC gratefully acknowledges the following foundations, corporations and organizations that support our programs. We are able to continue to offer our valuable services to seniors throughout DuPage County because of the generous support of these donors.

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| AARP Elmhurst Chapter 1007 | Glen Ellyn Rotary |
| Association of Senior Service Providers | J.C. Restorations |
| Avrum Katz Foundation | Kraft Employee Fund |
| B Tech Innovations, Inc. | Lombard Junior Woman's Club |
| Belmont Village | McMaster Carr |
| Blistex, Inc. | Naperville Kiwanis |
| The Buona Companies | Paperwork Done |
| Complete Building Maintenance | PDQ Business Services, Inc. |
| Crop Walk-Church World Services, Inc. | R/C Concrete Concepts, Inc. |
| Devonshire of Lisle | S. W. Anderson |
| DuPage Community Foundation | St. Elizabeth Seton Parish |
| Elmhurst Evening Woman's Club | St. Isaac Jogues Church |
| George Eisenberg Foundation for Charities | Southwest Suburban Chicago AOHN |
| GKN Foundation | Topfer Family Foundation |

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The DuPage Senior Citizens Council is funded in part through a grant from the Northeastern Illinois Agency of Aging under Title III of the Older Americans Act, as administered through the U.S. Administration of Aging.